

Therapy Options for Your Baby

After babies leave the hospital, they may be helped by one or more of these programs.

Interim Therapy

If therapy cannot be started right away, this option may be used. It is short term therapy. It can help until other therapy can start. Staff in the hospital will work with you to arrange for the therapist to come to your home.

Developmental Follow-Up Clinic

This clinic is made up of a team of doctors and therapists. They know about special needs of babies born early or with medical needs. The first appointment will be when your baby is 3 months corrected age*. You will meet with a doctor at this visit. If your baby has a heart defect, they will start at this clinic at 6 months corrected age. The physical, occupational, and speech therapists will join you for this appointment. After that, you may go to this clinic every 6 months until your child is 3 years old. This clinic is held at Children's Hospital of Wisconsin in Milwaukee and Fox Valley. Your first appointment will be scheduled before your baby goes home.

For questions and scheduling call:

- 414-337-7378 for Milwaukee
- 920-969-7900 for Fox Valley

Birth to Three

This is a county run program. It is for babies and children from birth to three years old. Services such as physical, occupational, and speech therapy are provided in your home or child care. The agency will decide which therapy they will provide. They decide how often your child will be seen. This will depend on your child's needs and the Birth to Three providers. Outside of Wisconsin, this program may be called "Early On" or "Early Intervention". Your therapist can make a referral before your child goes home.

Outpatient Therapy

There are many places where your child can get the therapies they need. If you think your child needs more therapy, ask your primary doctor or therapist to help find therapy near you.

If you would like to schedule therapy at Children's Hospital of Wisconsin:

- 414-607-5280 for the Milwaukee, New Berlin or Mequon locations.
- 920-969-7900 for the Fox Valley location.

ALERT: Call your child's doctor, nurse, or clinic if you have any concerns or if your child has special health care needs not covered by this information.

* Corrected Age (CA):

CA means the age your baby would be if they were born on their due date. Your baby's corrected age is used when talking about skills such as sitting, crawling, walking, playing with toys, eating solid food and talking.

This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.