

## Mepilex® (For use with draining wounds)

### What is Mepilex®?

Mepilex is a soft silicone dressing used to cover open wounds. It absorbs the drainage and keeps the wound moist. Mepilex does not stick to the wound, which makes changing the dressing less painful. Mepilex is used for draining wounds, such as pressure ulcers, leg and foot ulcers and traumatic wounds. It can also be used to protect skin around G-tubes.



- It can be cut to fit different wound shapes and locations.
- It can be used under compression bandaging such as Tubigrip®, Jobst® or Ace® wrap.

### How to use

1. Wash hands with soap and water. Dry with a clean towel.
2. Clean the wound as you were told by the doctor or nurse. Dry the skin around the wound.
3. Cut the Mepilex to the correct size. It should be cut at least one inch larger than the wound.
4. Take the plastic sheet off the Mepilex.
5. Put the sticky side of the Mepilex on the wound. Do not stretch the Mepilex.
6. If tape is needed to secure the Mepilex, only tape the edges.
7. To remove the dressing, gently lift one corner and slowly remove it.

### How often does it need to be changed?

Mepilex may be worn **for several days** depending on the condition of the wound and the skin near it. It should be changed when the drainage reaches the edges of the pad, or as directed by your nurse or doctor.

**ALERT:** Call your child's doctor, nurse, or clinic if you have any questions or concerns or if your child has:

- Any signs of infection such as redness, swelling, yellow-green or bad smelling drainage.
- Special health care needs that were not covered by this information.

**This teaching sheet is meant to help you care for your child. It does not take the place of medical care. Talk with your healthcare provider for diagnosis, treatment, and follow-up.**